



# Clinical Pharmacology Aspects of Anti-infective Drugs – Regulatory Experiences

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# Disclaimer

- The opinions expressed during this presentation are those of the speaker, and do not necessarily represent those of the Food and Drug Administration.

# Outline

- Tuberculosis
  - Specific features related to TB drug development
  - Regulatory example
- Malaria
  - Regulatory challenges in malaria drug development
  - Regulatory example

# Dose Selection for Pivotal Trials – Clinical Pharmacology Considerations for TB drugs

- Nonclinical studies
  - Animal models that identify PK/PD relationships
  - Extent of tissue distribution
- Microbiology evaluations
  - MIC determination
- In vitro models of PK/PD – hollow fiber system
  - quantitative model to inform drug doses, exposures, susceptibility breakpoints and optimize combination regimens

# Dose Selection for Pivotal Trials – Clinical Pharmacology Considerations for TB drugs

- Early Bactericidal Activity (EBA) Study<sup>1</sup>
  - Monotherapy to establish proof of concept
  - Usually performed over a 14-day period
  - Define the PK/PD properties
  - Provide justification for future trials
- Phase 2 dose-finding studies
  - Measurement of systemic and sputum concentration of the TB drug (and relevant metabolites) in the trials
  - Attempt to evaluate exposure-efficacy and exposure-safety relationships

# Clinical Pharmacology Considerations for Development of Combination Regimens

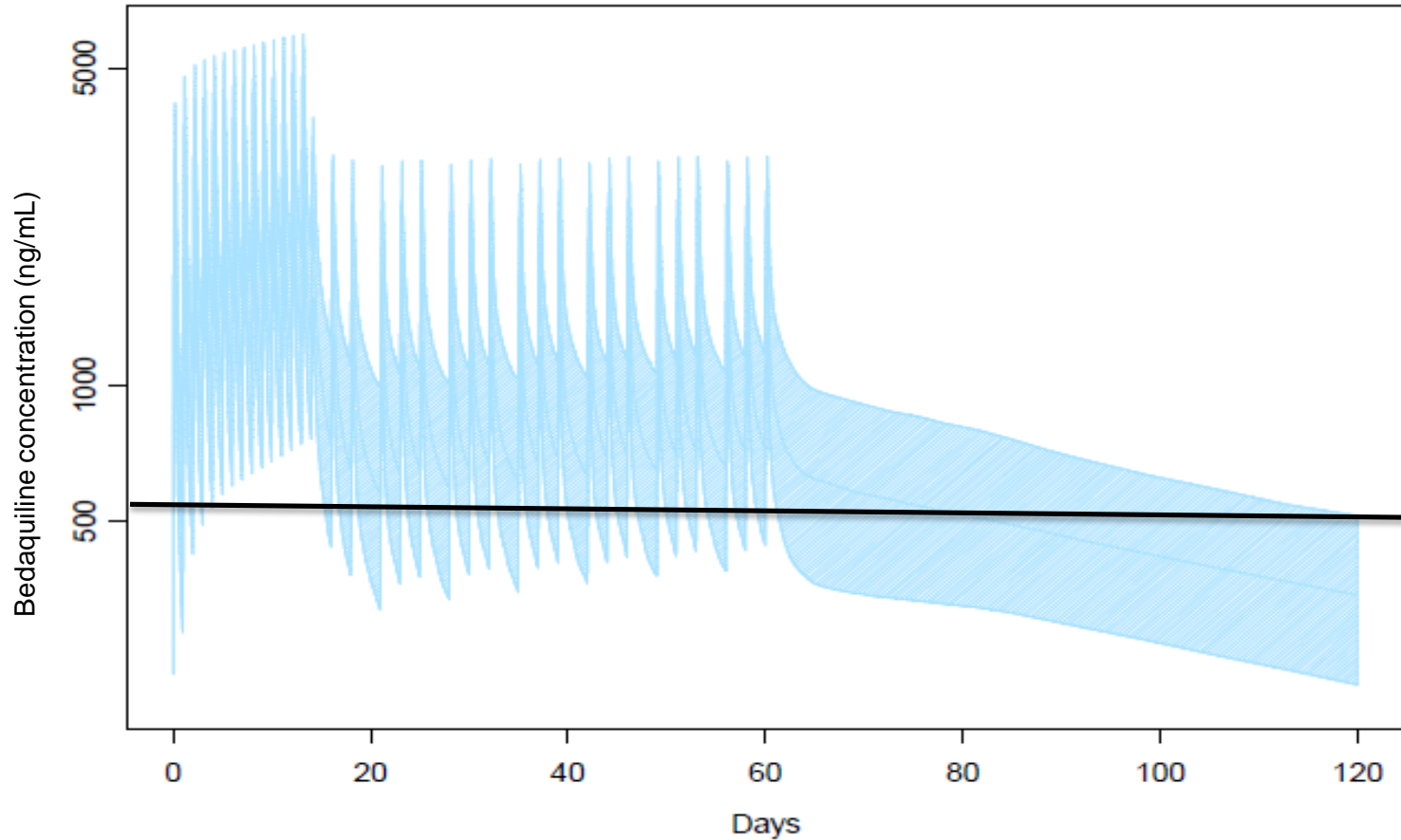
- Adequately characterize drug interaction potential of new TB agents
- Evaluate drug-drug interactions between the existing regimen and newly added drugs
- Evaluate the contribution of each new drug to be used in the combination
- Select the right dose of each new drug used in the combination
- QT monitoring to determine labeling recommendations

# Regulatory Example

## Sirturo™(bedaquiline)

- Indication: Treatment of MDR-TB
- Approved by FDA in 2013
- Dosing regimen:
  - 400 mg daily for the first 2 weeks
  - 200 mg 3 times/week for the following 22 weeks
- Food increases systemic exposure 2-fold
  - Administered with food in clinical trials
  - Label: administer with food
- Long terminal elimination half-life (4-5 months)
- 99% protein bound

## Simulated Bedaquiline Plasma Concentrations for a 9-Week Dosing Regimen, (400 Subjects)





# Trial Design

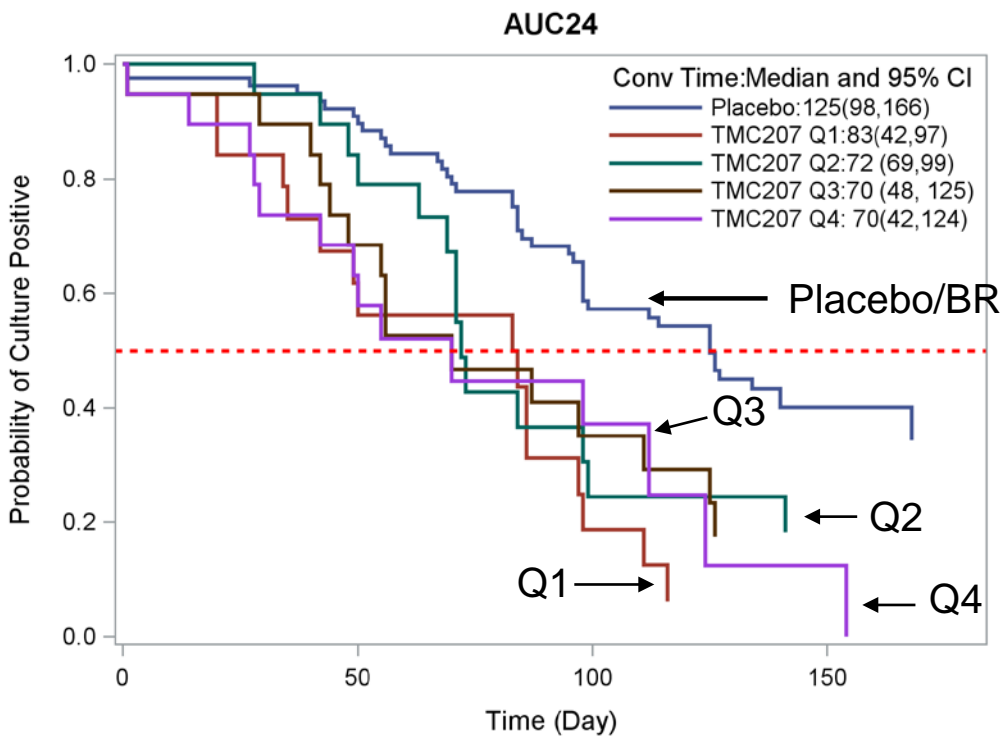
- **Trial 1:** Phase II, multicenter, stratified, double-blind, randomized, placebo-controlled trial with two consecutive but completely separate stages
  - Stage 1: Exploratory Stage, with an 8-week Bedaquiline/placebo investigational treatment phase
  - Stage 2: Proof-of-efficacy Stage, with a 24-week Bedaquiline/placebo investigational treatment phase
- **Trial 2:** Single-arm, open-label trial
- Bedaquiline was added to an MDR-TB drug regimen

# Exposure-Response Analysis

Is there evidence of exposure-response relationship?

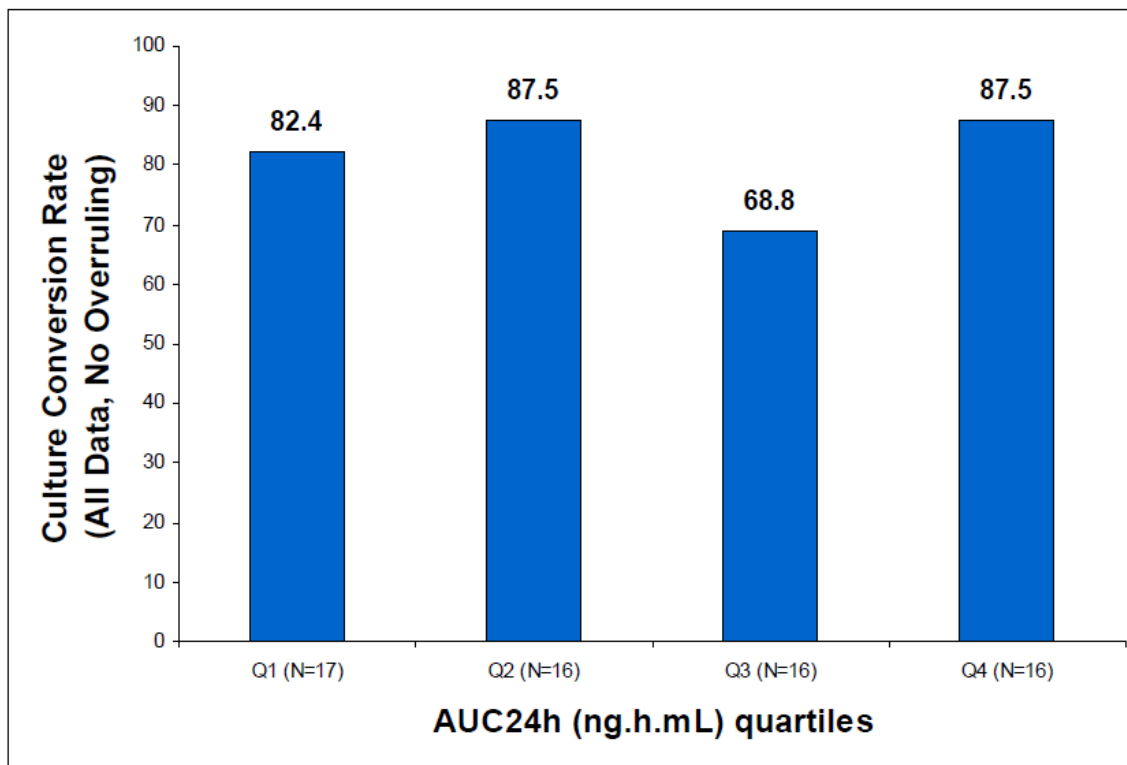
Are there specific populations and situations that require dose adjustments?

# Higher exposure to bedaquiline is not associated with greater efficacy over the systemic exposure range



BDQ	N	AUC <sub>24h</sub> (ng-h/mL)
Pla/BR	81	-
Q1	19	23624
Q2	19	29931
Q3	19	34299
Q4	19	43915

# Secondary analysis: No relationship between conversion rate at week 24 vs. bedaquiline AUC (at Week 2)



# Patients of black race have clearance that is 52% higher than other patients

## Summary of Individual estimates based on population PK analysis

Parameters		N	Mean	SD
CL/F (L/h)	Caucasian	134	3.61	1.54
	<b>Black</b>	<b>149</b>	<b>5.28</b>	<b>2.39</b>
	Hispanic	41	3.7	0.88
	Asian	99	2.73	0.84
	Other	57	3.84	2.15

# Study 1, Stage 2: Subgroup Analyses

## Week 24 Culture Conversion Rate by Race

Race	Bedaquiline	Placebo
Black	17/24 (70.8%)	18/25 (72.0%)
Caucasian/White	4/6 (66.7%)	4/8 (50.0%)
Hispanic	4/6 (66.7%)	5/10 (50.3%)
Asian	8/9 (88.9%)	5/6 (83.3%)
Other	11/15 (73.3%)	6/17 (35.3%)

# Key Questions

- Is there evidence of exposure-response relationship?

**No significant relationship between exposure to bedaquiline and efficacy, suggesting that the exposure may lie at the top of the ER curve.**

- Are there specific populations and situations that require dose adjustments?

**No dose adjustment in black patients is recommended. The culture conversion rate is not significantly lower than patients of other races.**



# Malaria Drug Development



# Malaria Treatment

- Current WHO malaria treatment guidelines
  - “*all episodes of malaria should be treated with at least two effective antimalarial medicines with different mechanisms of action*”
  - the combination of a short-acting agent to promote rapid parasite reduction and a long-acting agent to prevent recrudescence
- FDA approved malaria treatments:
  - COARTEM™ (artemether + lumefantrine) [2009]
  - MALARONE™ (atovaquone + proguanil) [2000]
  - Mefloquine [1989]
    - serious psychiatric AEs often limit usage

# Regulatory Challenges in Malaria Drug Development

- Prevalence of malaria is non-US
- Recommended malaria treatments are always combinations of a minimum of two drugs
- Children and pregnant women represent at-risk population and are in most need of new and effective therapies
- Development of resistance

# Landscape of Malaria Drug Development

- In vitro growth of *P. falciparum* parasites
- Humanized severe combined immunodeficiency mice (SCID huMouse) experiments
- Controlled human malaria infection (CHMI) in healthy volunteers
  - Sporozoite induced malaria (infected Anopheles bites)
  - Induced blood stage malaria (venous inoculation of blood stage malaria)
  - Provide an opportunity to obtain key information about the PK/PD properties of a drug in a controlled setting that can be directly translatable to later clinical studies to estimate an efficacious dose.
- Clinical trials in endemic settings
  - Dose-finding trials
  - Confirmatory trials

# Regulatory Example

- Drug X
  - $T_{1/2} > 2$  days (*fast-acting agent*)
- Drug Y
  - $T_{1/2} > 10$  days (*sustained effect*)
- Aim of combination is to have a single administration product with rapid and potent effect from Drug X with sustained antimalarial effect from Drug Y

# Proposed Clinical Development Plan for Justifying the Combination of X and Y

- Use existing human data to develop a PK/PD parasitemia clearance model
- In a Phase II trial, efficacy at day 30 post baseline to illustrate the increased treatment effect of the combination vs. X alone.
- Perform simulations to show that the combination of X+Y is superior to X and Y alone
- Phase 3 trials: Non-inferiority to standard of care with artemisinin-based combination therapy in patients with uncomplicated falciparum malaria.

# Contribution of Individual Components

- Monotherapy treatment was evaluated
  - Results suggest monotherapy X is not feasible

Endpoint	X + Y			X
	D1 mg (N=70)	D2 mg (N=72)	D3 mg (N=65)	D4 mg (N=62)
Day 30 Cure Rate	<b>85%</b>	<b>90%</b>	<b>99%</b>	<b>50%</b>

# Contribution of Individual Components

- **Human challenge study:** Controlled study using blood stage *P. falciparum* challenge inoculum to assess activity of X in healthy subjects.
  - Among the four doses tested (A1, A2, A3 and A4), only the highest dose of A4 mg cleared parasites within 72 h
    - A1 mg -- no change in parasitemia
    - A2 mg -- decrease in parasitemia until 3 days, then recurrence
    - A3 mg -- decrease in parasitemia until 6 days, then recurrence
    - A4 mg -- during the 14 days follow-up, 60% of the participants experienced recurrent parasitemia after 8 days

# PK/PD Model of X

- Model-based simulations to predict probability of X monotherapy treatment response
  - Model predictions are based on short-term monotherapy treatment data along with X data
- X is not predicted to be effective as a monotherapy treatment

Endpoint	X [mg]				
	A	B	C	E	F
Day 28 Cure Rate	2%	5%	15%	30%	45%



# Proposed Phase II Evaluations

- Additional dose exploration was recommended as part of the proposed Phase II trial to better elucidate contribution of each component

		Y				
		0 mg	A1 mg	A2 mg	A3 mg	A4 mg
X	0 mg					
	B1 mg		X	X	X	X
	B2 mg		X	X	X	X
	B3 mg		X	X	X	X

- Secondary measures, such as time to alleviation of fever, could further support contribution of the individual components

# PK/PD modeling approaches

Semi-mechanistic PK/PD modeling using PD endpoints, such as parasite clearance, recrudescence and clinical cure

## – Limitations

- Stage-specific action of the anti-malarial treatment
- Host immunity
- The utility of these models depends on how well the model can predict the patient data

# Impact of Model-informed Drug Development (MIDD)

- Mechanistic-based PK/PD models based on preclinical data to assist dose determination in humans that avoids emergence of resistance
- Potential to use population PK approach to support dose selection in children and pregnant women
- Exposure-response analyses may help support evidence of efficacy in addition to other clinical trial data
  - Requires robust models that describe the E-R relationship

# Summary

- Both TB and malaria drug development programs are utilizing MIDD principles
- Modeling and simulation results are supportive in demonstrating efficacy of combination of the agents
- FDA has published a DRAFT TB guidance in 2013 and the malaria guidance is under development

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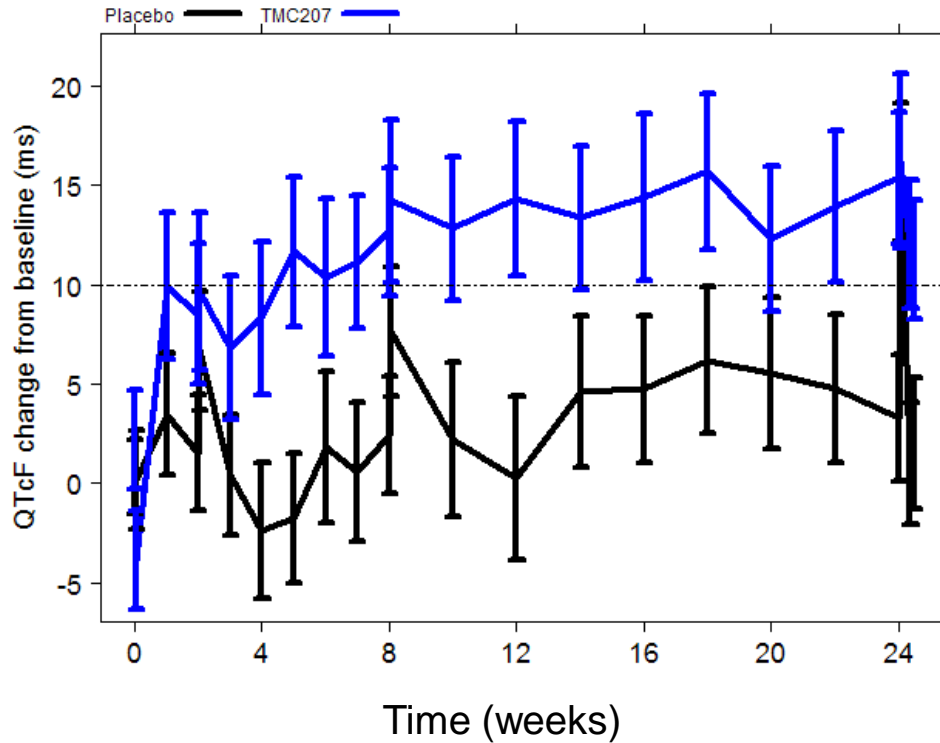


# Questions

## Thorough QT Study

- **Population:** 88 healthy volunteers
  - 44 bedaquiline
  - 44 placebo
- **Dose:** *Single* 800 mg dose
  - bedaquiline: C<sub>max</sub> in TQT trial was 3-fold higher than at therapeutic dose
  - M2: C<sub>max</sub> in TQT trial was 1/5 of C<sub>max</sub> at therapeutic dose
- **Results:** No significant QT prolongation (< 10 ms)

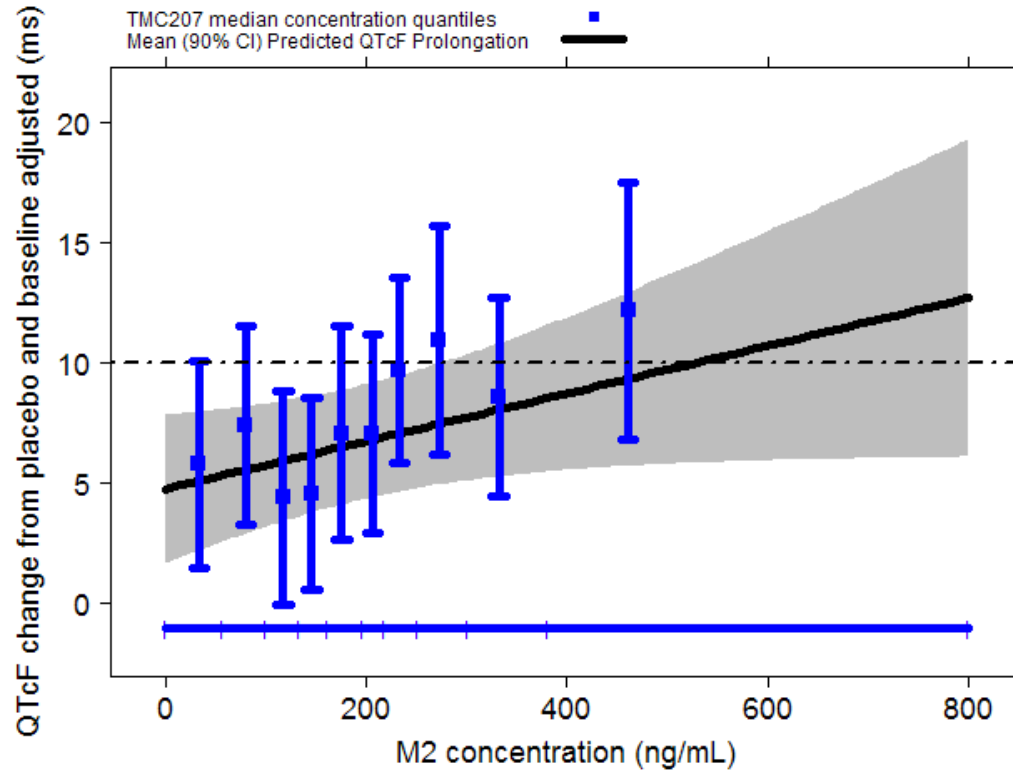
# QTc Prolongation Was Observed in Trial 1



Conclusion: Bedaquiline **does** prolong the QTc Interval



## Relationship between M2 Concentration and QTc Interval Also Observed in Trial 1



# Bedaquiline Metabolism

- Bedaquiline is mainly metabolized via CYP3A
- M2 is the major metabolite of bedaquiline in vitro and in vivo (~20% of the bedaquiline AUC in humans)
- M2 is 4-6 times less potent than bedaquiline
- Effect on enzymes – bedaquiline is neither an inhibitor nor an inducer of major CYP enzymes